### South Australia

# Workers Rehabilitation and Compensation (Scales of Medical and Other Charges) Variation Regulations 2004

under the Workers Rehabilitation and Compensation Act 1986

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# Part 1—Preliminary

#### 1—Short title

These regulations may be cited as the *Workers Rehabilitation and Compensation* (Scales of Medical and Other Charges) Variation Regulations 2004.

# 2—Commencement

These regulations will come into operation 1 month after the day on which they are made.

#### 3—Variation provisions

In these regulations, a provision under a heading referring to the variation of specified regulations varies the regulations so specified.

# Part 2—Variation of Workers Rehabilitation and Compensation (Scales of Medical and Other Charges) Regulations 1995

### 4—Substitution of Schedule 2—Scale of Charges—Physiotherapy services

Schedule 2—delete the Schedule and substitute the Schedule in Schedule 1 of these regulations

# Schedule 1—Substituted schedule

# Schedule 2—Scale of charges—physiotherapy services

Item No. Service Description

Charge

#### CORE PHYSIOTHERAPY SCHEDULE SERVICES

Refer to the Physiotherapy Service and Fee Schedule Guidelines for requirements regarding the delivery of core schedule services.

#### CONSULTATIONS

#### INITIAL CONSULTATION

It is recommended that the treating physiotherapist, on the commencement of physiotherapy treatment, notifies the Self-Managed Employer, Exempt Employer or Claims Agent in respect of any new claim.

An initial consultation involves some or all of the following elements, the components of which are at the discretion of the treating physiotherapist:

#### (i) Subjective Reporting

Major symptoms and lifestyle dysfunction; current history and treatment; past history and treatment; pain, 24 hour behaviour, aggravating and relieving factors; general health, medication, risk factors.

#### (ii) Objective Assessment

Movement – active, passive, resisted, repeated; muscle tone, spasm, weakness; accessory movements, passive intervertebral movements etc. Appropriate procedures/tests as indicated.

#### (iii) Assessment Results

Provisional diagnosis; goals of treatment; treatment plan.

#### (iv) Treatment

Discussion with the patient regarding working hypothesis and treatment goals and expected outcomes; initial treatment and response; advice regarding home care including any exercise programs to be followed.

#### (v) **Documentation**

Recording all of the above in the clinical record of the patient, as well as: X-ray and results of other relevant tests; skin tests, warnings (if applicable).

#### (vi) Communication

Communication of information relevant to the rehabilitation and return to work of the patient/injured worker to the employer, Self-Managed Employer, Exempt Employer, Claims Agent, or coordinating general practitioner.

 Item No.
 Service Description
 Charge

 PT105
 \$47.70

#### Initial consultation, assessment, treatment

Initial assessment and treatment of condition

#### SUBSEQUENT CONSULTATIONS

Reassessment and treatment of condition. This consultation must involve some or all of the following elements, the components of which are at the discretion of the treating physiotherapist.

#### (i) History Taking/Assessment

The history and assessment related to the condition previously treated and its behaviour following the previous treatment.

#### (ii) Examination

Examination by the physiotherapist of the condition previously treated.

#### (iii) Treatment

An appropriate treatment is performed.

#### (iv) Reassessment

Reassessment by both the patient and the physiotherapist.

#### (v) Discussion of the Management Program with Patient/Carer

The goals of treatment and management program are discussed with the patient and counselling given regarding care and/or action to be taken before the next consultation or if no further treatment is required, regarding care and preventative measures.

#### (vi) Communication

The appropriate management of a case involves communicating standard information to key parties. Information relevant to the management of the claim should be communicated to the treating general practitioner, Claims Agent case manager, Claims Agent medical, rehabilitation or physiotherapy advisor or non-medical experts involved in the claim.

#### (vii) Physiotherapy Treatment Form

This form is to be completed once only as part of a subsequent consultation and forwarded to the Claims Agent with their invoice. This form will be initiated by the physiotherapist and forwarded to the Claims Agent where treatment is expected to extend for longer than 6 weeks.

No additional fee is billable for the completion of this form.

## (viii) Clinical Records

Comprehensive clinical notes must be kept recording all of the above.

Item No.	Service Description	Charge
PT205	Subsequent consultation – Level A	\$22.00
	Assessment, treatment. This consultation must involve some, but not usually all, of the elements of a Subsequent Consultation and requires minimal practitioner contact time.	
PT210	Subsequent consultation– Level B	\$37.85
	Assessment, treatment. This consultation must involve some or all of the elements of a Subsequent Consultation.	
PT215	Subsequent consultation – Level C	\$47.85
	Assessment, treatment. This consultation must include all of the elements of a Subsequent Consultation, but because of the complexity of the injury, will require extra time for history taking, examination, treatment, documentation and liaison (eg injuries following major trauma, major surgery requiring intensive post-operative treatment).	
PT220	Subsequent consultation – Level D	\$63.70
	Assessment, treatment. This consultation must include all of the elements of a Subsequent Consultation but requires greater time and should only be required in a limited number of cases where the case and treatment are extremely complex (eg injuries following extensive burns, multi-trauma, major surgery requiring intensive post-operative treatment such as complicated hand injuries or joint reconstruction and some neurological conditions).	
	CORRECTIVE/SERIAL SPLINTING	
	Refer to the Physiotherapy Service and Fee Schedule Guidelines for further details regarding the types of splints available to the physiotherapist and the conditions associated with the provision of these splints.	
PT300	Fabrication/Fitting/Adjustment of Splint	\$103.40 per hour
РТ390	Materials used to construct or modify a splint	DF
	(Note: 'DF' means derived fee. Each account will be considered on its merits.)	
	AQUATIC PHYSIOTHERAPY AND EXERCISE SERVICES	
	Refer to Physiotherapy Service and Fee Schedule Guidelines for further details regarding delivery of Aquatic Physiotherapy services.	

Item No.	Service Description	Charge
	AQUATIC PHYSIOTHERAPY (HYDROTHERAPY)	
PT415	Initial/individual aquatic physiotherapy (hydrotherapy) consultation	\$37.85
	The first aquatic physiotherapy session requires significant planning, supervision and monitoring of individual clients and this item should be used.	
	This item may then be used for the 2 subsequent aquatic physiotherapy consultations after the initial service. It may also be used for one review at week 4-6 of the program.	
	Only in exceptional circumstances should the item PT415 be utilised after the first three appointments (eg. severe trauma, fear of water) where much closer supervision is required. Prior case manager approval is required in these circumstances.	
PT420	Subsequent/group aquatic physiotherapy (hydrotherapy) consultation	\$15.80 per person
	Aquatic physiotherapy sessions after the first three visits are to be billed at this rate. Clients may be treated in a group but all the programs must be unique and individualised to the particular client.	
	EXERCISE	
PT455	Individual exercise consultation	\$37.85
	Individual reassessment and exercise treatment of condition planned and supervised by a physiotherapist. This consultation must involve some or all of the elements of a Subsequent Consultation and the client to physiotherapist ratio must be 1:1 for the duration of the consultation.	
PT460	Group exercise consultation	\$11.20 per
	Group exercise session planned and supervised by a physiotherapist. This consultation must involve some or all the elements of a Subsequent Consultation, with exercise treatment undertaken in a group. Each group must be comprised of a maximum of 8 patients per session.	person
PT429	Entry fee, aquatic physiotherapy (hydrotherapy) or exercise	DF
	Entry to a public or privately operated facility.	
	This item may be utilised when the physiotherapist supervises an individual or group exercise or aquatic physiotherapy session with a patient to reimburse them for entry paid for the patient. This item is not to be used if the physiotherapist is an employee of the exercise or hydrotherapy facility. For group sessions, this fee is applicable for each participant supervised by the physiotherapist.	
	(Note: 'DF' means derived fee. Each account will be considered on its merits.)	

Item No.	Service Description	Charge
	TRAVEL	
	The treating physiotherapist must receive prior approval from the Self-Managed Employer, Exempt Employer or Claims Agent before providing this service.	
	All travel items refer to return trips to and from rooms to a workplace, hospital, patient's home or case conference.	
	Refer to the Physiotherapy Service and Fee Schedule Guidelines for further details regarding travel.	
PT905	Travel	\$90.00 per hour
	Travel up to 100km from Adelaide GPO	
PT900	Travel after 100km from Adelaide GPO	\$100.00 per hour
	Travel with a destination more than 100km distance from GPO where the physiotherapist is based in the metropolitan area attracts a 20% loading to be charged under this item.	nour
	TELEPHONE CALLS	
	Refer to the Physiotherapy Service and Fee Schedule Guidelines for further details regarding telephone calls.	
PT552	Telephone call	\$15.00
	Calls of case specific nature made to or received from the worker's referring/treating medical expert, rehabilitation provider, claims agent, self managed employer or self insured (exempt) case manager, employer, WorkCover Corporation Provider Consultant or worker advocate.	
	Excludes calls made during consultation and calls to or from the worker.	
	TREATMENT REVIEW	
PT785	Functional Notification Form	\$15.00
	Completion of the Functional Notification Form will be initiated primarily by the treating physiotherapist when information is identified which directly impacts upon the patient's capacity to return to work and any other issues influencing the return to work process. This form must be forwarded directly to the treating general practitioner. The Functional Notification Form may only be completed when it complies with the criteria specified within the Physiotherapy Service and Fee Schedule Guidelines.	

Item No.	Service Description	Charge
PT780	Independent clinical assessment	\$107.80 per hour
	Includes a review of medical history, activity and a clinical examination to provide a differential diagnosis and/or make recommendations regarding ongoing treatment goals and return to work.	
	This service includes the provision of a report detailing relevant findings and recommendations.	
	The Self-Managed Employer, Exempt Employer or Claims Agent must be notified <b>prior</b> to the provision of this service to seek approval for payment.	
	This service will NOT be performed by the treating physiotherapist.	
	Refer to the Physiotherapy Service and Fee Schedule Guidelines for service standards and indicators for use regarding Independent Clinical Assessment.	
	SUPPLEMENTARY SCHEDULE SERVICES	
	Refer to the Physiotherapy Service and Fee Schedule Guidelines for requirements regarding the delivery of supplementary schedule services	
	REHABILITATION AND RETURN TO WORK SERVICES	
	Refer to the Physiotherapy Service and Fee Schedule Guidelines for service requirements and indicators for use of each rehabilitation and return to work service listed within this schedule.	
PT700	Functional Capacity Assessment (FCA) or Functional Capacity Evaluation (FCE) (Standardised)	\$107.80 per hour
	This service is undertaken to determine a worker's inferred work capacity based on assessment of a worker's physical capabilities through a series of standardised tests that focus on selected work tolerances. Maximum time – 7 hours including report preparation.	
PT730	Worksite assessment	\$107.80 per hour
	Involves attending the worksite in order to ascertain the availability of duties, including an overview of the following:	noui
	— physical environment;	
	— mental work demands;	
	— human behaviour;	
	— working conditions;	
	<ul><li>educational requirements;</li></ul>	
	<ul><li>other conditions.</li></ul>	

Item No.	Service Description	Charge
PT740	Job analysis	\$107.80 per
	Aims to identify specific tasks or employment options that are within a worker's capacity and ability to perform, through modifications to elements of the job, the provision of aids and equipment or training that will safely extend the worker's capacity range.	nour
	The analysis consists of four main categories:	
	— workstation design;	
	<ul> <li>work demands (intellectual/physical/sensory/perceptual);</li> </ul>	
	— equipment;	
	— work environment.	
PT750	Work hardening on site	\$107.80 per hour
	Aims to increase a worker's capacity, tolerance and endurance for the physical and intellectual demands of specified duties and employment, resulting in improved work performance and leading to a safe return to suitable employment.	
PT760	Activities of daily living assessment	\$107.80 per hour
	Conducted in a worker's home with the aim of meeting the following objectives:	
	<ul> <li>providing essential services for severely injured workers; and/or</li> </ul>	
	<ul> <li>maintaining or improving a worker's level of physical functioning at home;</li> </ul>	
	<ul> <li>preventing further injury or aggravation;</li> </ul>	
	<ul> <li>assisting in preventing the development of chronicity in a worker's condition.</li> </ul>	
	OTHER SERVICES	
PT810	Comprehensive report	\$103.40 per hour
	A Self-Managed Employer, Exempt Employer or Claims Agent may request a comprehensive report in response to a series of specific questions.	
	A report will be taken to be comprehensive when requested by a Self-Managed Employer, Exempt Employer or Claims Agent and re-examination of the worker is a prerequisite for the preparation of the report.	
	All reports referred to under this item are chargeable on an hourly basis with a maximum time chargeable of 1.5 hours.	

Item No.	Service Description	Charge
PT820	Standard report	\$103.40 per hour
	A Self-Managed Employer, Exempt Employer or Claims Agent may request a standard report in response to a series of specific questions.	
	A report will be taken to be standard when re-examination of the worker is <b>not</b> required and the report is based on a transcription of existing records.	
	All reports referred to under this item are chargeable on an hourly basis with a maximum time chargeable of 1 hour.	
	Refer to the Physiotherapy Service and Fee Schedule Guidelines for standards required for report writing.	
PT870	Case conference	\$103.40 per hour
	Case conferences are used for the purpose of determining:	
	<ul> <li>details of limitations/recommendations relating to a sustainable return to work;</li> </ul>	
	<ul> <li>options for management of a worker's recovery;</li> </ul>	
	<ul> <li>other related information.</li> </ul>	
	A case conference may be requested by:	
	<ul> <li>a treating medical expert;</li> </ul>	
	— an employer;	
	<ul> <li>a worker or worker advocate;</li> </ul>	
	<ul> <li>a Self-Managed Employer, Exempt Employer, Claims Agent or appointed Rehabilitation Coordinator.</li> </ul>	
	The holding of a case conference must be authorised by the Self-Managed Employer, Exempt Employer or Claims Agent before the case conference is convened.	
	Refer to the Physiotherapy Service and Fee Schedule Guidelines for further detail regarding case conferences.	
CURAP	Therapeutic appliance	DF
	Includes an appliance or aid for reducing the extent of a compensable disability or enabling a patient to overcome in whole or in part the effects of a compensable disability (eg TENS machine).	
	(Note: 'DF' means derived fee. Each account will be considered on its merits.)	
	Refer to the Physiotherapy Service and Fee Schedule Guidelines for further detail regarding therapeutic appliances.	

# Workers Rehabilitation and Compensation (Scales of Medical and Other Charges) Variation Regulations 2004

Schedule 1—Substituted schedule

Item No.	Service Description	Charge
РТ999	Non scheduled services	\$103.40 per hour
	The use of this item number requires the approval of the Self-Managed Employer, Exempt Employer or Claims Agent <b>prior</b> to the delivery of the service.	
	This item number is used when the provision of services not listed on the Core or Supplementary Fee Schedule is necessary, appropriate and reasonably required.	
	Refer to the Physiotherapy Service and Fee Schedule Guidelines for further detail regarding non-scheduled services.	

#### Note—

As required by section 10AA(2) of the *Subordinate Legislation Act 1978*, the Minister has certified that, in the Minister's opinion, it is necessary or appropriate that these regulations come into operation as set out in these regulations.

# Made by the Governor

with the advice and consent of the Executive Council on 20 May 2004

No 32 of 2004

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